My weight loss journey with Herbalife

Is Herbalife harmful to us, the results speak, and as Mark Hughes said,

"Your success is only limited by your own imagination and your hard work."

Mark Hughes - Herbalife Founder

Weight loss transformation



Weight loss transformation



From May 2023 to October 2023, lost 51 kgs without any diet restriction. Today I can easily walk for 10-12 km everyday

